

ANNUAL NARRATIVE REPORT

OF

VIRGINIA E. TWITTY
HOME DEMONSTRATION AGENT

From February 16, 1953 to December 1, 1953

T A B L E O F C O N T E N T S

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Virginia E. Twitty
Home Demonstration Agent
Graham County

Graham County Annual Narrative Report - February 16, 1953
Through November 30, 1953

II. Summary - Adult

A. County Situation

General County Information

Graham County varies much in its makeup and the types of agriculture. It lies in southeast Arizona in high altitude mountains. A small fertile valley stretches between the mountains from east to west along the Gila River which is the location of most of the agriculture except for ranching. The Gila River and the wells in this area furnish the water for irrigation which is necessary to turn the desert into production. The northern part of the county is covered by Apache Indian Reservation country whose people are supervised by agents of the Indian Bureau. The county was really settled by the Mormons and is still predominately settled by members and families of the Latter Day Saints' Church.

There are people of the Indian, white, Mexican, and negro races living in most of the towns in the county. There are a few of the yellow race who operate restaurants and groceries in Safford. The county industries are farming, ranching and mining. Cotton is the main farm crop.

The nine main communities of the county are located in the Gila Valley along the river and within a radius of thirty miles. The other three communities are from 60 to 80 miles distant from the county seat of Safford. The ranching areas of Klondyke and Bonita are located near the Cochise County line, and many of the people do their shopping there.

The town of Safford fairly centrally located in the county, is the main trading center for the county, as well as a large surrounding area in the adjoining counties and a portion of New Mexico. Highways 70 and 666 provide very fine means of reaching Safford from all directions. Safford is the county seat town where the Agricultural Extension Office is located in the Court House.

The County Agricultural Agent serves Graham County only, while the Home Demonstration Agent has headquarters in Safford, but serves as agent for both Graham and Greenlee Counties.

Program Information

The Homemakers in organized groups in four communities and organized as a county unit, serve as the leaders in the planning and carrying out of the program designed for the women of the county. Others in church, or

community groups are welcomed to take part in the program and the services of the Agent are used to reach the most people. This is done mostly through Leader Training. Until the past two years the L.D.S. Church Relief Societies have been quite active in the program, and have participated 100% in many of the programs. During last year there was a policy of the church which restricted them in having time to devote to entering into and receiving as much of the County Homemakers' program as they had in the past. Since the county was without an agent from June of 1952 until February 16, 1953, the Specialists of the State office and the local homemakers carried the program.

Since February of this year when this agent came to the county, the L.D. S. representatives have been notified of each Leader Training meeting or other county-wide meeting, as was each of the homemaker groups.

In August when letters concerning the 1954 program were being prepared, the Stake Presidents were contacted and asked to furnish a list of leaders to notify. They replied that they would notify their leaders. Therefore the Stake Presidents have been notified of the meetings since that time.

There has been very irregular participation by the L.D.S. representatives and none whatsoever since June of this year. Requests for printed materials and kits of materials from this office for use by the various L.D.S. groups are still received and filled. Reports of work done in each group during the year will be reported in the various projects.

Since this is a two-county unit for the home demonstration agent it has been necessary to make the Leader Training program successful and it has been. During the year of 1953 there have been six leader training meetings with the lessons carried back to the clubs by the lay leaders. On several special occasions the Agent has given the lesson to the clubs when it was impossible for the Leader to carry through. Assistance has been given at any time that the Agent visited the clubs.

During the year there has been active Extension work for women and girls in eleven communities. There has been planned Extension Service group work in seven communities. There are four adult, and five 4-H club communities.

Because the home demonstration agent serves the two counties the time must be rather proportionately divided as to the work in the field. However, most of the office work, planning, organizational

and report work is done from the Safford office. The files in this office are rather complete for the two counties thus making it more efficient to make reports and do the most of the directing from here. Separate monthly and annual reports are made for each county. Separate 4-H Club annual reports are made for each county in cooperation with the county agent in the respective county.

The County Homemakers' Council is active in program planning, making arrangements for meeting places for meetings for project work, and in assisting with county-wide displays such as is used during National Home Demonstration Week. This is of great value to the home demonstration agent, as well as giving homemakers a better idea of the workings of the program and developing their leadership ability.

This organization is composed of all of the homemakers in the organizations in the county, with the officers or past officers of the clubs being the ones most likely to be serving as Council officers. They meet two times during the year, in the Spring and in the Fall. The Fall meeting is for Program Planning for the following year and for election of officers.

The many channels through which homemaking information is given in addition to that through the leaders in the homemakers' and 4-H clubs is varied. The passing on of information through the homemakers themselves to neighbors and friends, not members of clubs, is one of our most worthwhile means, yet intangible as far as getting into a report. The Agent reaches many others through office and telephone calls as well as home visits, letters, bulletins issued, newspaper articles, radio programs and other demonstrations that she gives to groups such as P.T.A., school and other social or community organizations.

B. Statistics for Graham County of the two-county unit:

Months in service	9-1/2
Days in Graham County	
Days in field	88
Days in office	80
Days spent with adults	88
Days spent with 4-H	80
Home visits	66
Different homes visited	55
Office calls	364
Telephone calls	450
Bulletins distributed	615
News articles published	20
Radio programs	19
Mailing list	670
Homemaker and affiliated clubs	16
Enrollment	462
Leaders in adult work	72
4-H girls' clubs	8
Enrollment	88
Leaders in 4-H girls' work	11
Leader Training Meetings - adult and 4-H	8
Attendance	98
Other meetings agent held or participated in	
Adult and 4-H	69
Attendance	6,912
Meetings handled by leaders, adult and 4-H	97
Attendance	1,114
Miles traveled in own car, in county	1,559
Miles traveled in own car, out of county (not in other county of 2-county unit)	2,398

B. - 1 Statistics for 2-county unit:

Months in Service	9-1/2
Days in field	125
Days in office	94
Days spent with adults	116
Days spent with 4-H	103
Home Visits	110
Different homes visited	93
Office calls	460
Telephone calls	508
Bulletins distributed	1,285
News articles published	31
Radio programs	19
Mailing list	870
Homemaker and affiliated clubs	21
Enrollment	548
Leaders in adult work	106
4-H girls' clubs	11
Enrollment	120
Leaders in 4-H girls' work	17
Leader training meetings - adult and 4-H	16
Attendance	152
Other meetings agent held or participated in	
Adult and 4-H	101
Attendance	7,905
Meetings handled by leaders adult and 4-H	167
Attendance	3,034
Miles traveled in own car in 2-county unit	5,281
Total miles traveled in own car for official duty	7,679

III. PROJECT ACTIVITIES AND RESULTS: ADULT

A. Extension Organization and Planning

The year's work was begun and carried from December 1, 1952 to February 16, 1953 without a home demonstration agent in the county.

In January there was a joint ~~two~~-county officers' training meeting held to give assistance to officers and leaders of the clubs so they might better carry out their duties, feel more self confidence and give information to their club members. Miss Jean Stewart, State Home Demonstration Leader, and Miss Ann Shute, Agent in Training, gave this training to the group. There were 13 women from Greenlee and 12 from Graham County that had this help.

The Homemakers' Council of Graham County composed of all officers and leaders of clubs, is the planning and directing organization through which the Agent works to carry out the program for the year. This council meets two times a year, in April and in September. For several years the spring meeting has been a picnic in Aravaipa Canyon with the club of that community serving as hostess.

The Fall meeting is the program planning meeting and includes election of officers. The meeting this year was held in Safford Ward Church. The officers of this organization for the year have been: President, Belle Bryce of Thatcher, Vice President, Gertrude Pointer of Thatcher, Secretary-Treasurer, Loretta Layton of Safford. In the absence of an Agent during the first part of the year the President and Vice President visited the various clubs to give them assistance with any problems and to give encouragement and moral support. This was a most worthwhile gesture. The 1954 officers are: President, Belle Bryce, Vice President, Charlotte Weathersby, Secretary, Mary Clearc, Reporter, Gertrude Pointer.

At the spring meeting of the Council each club gave a demonstration or report and exhibit of some phase of the work that the clubs had carried during the past year. Lamar Kempton as a 4-H club Leadership Trip Winner to the Chicago National Club Congress, gave a fine report of his trip. Committees for National Home Demonstration Week exhibits and publicity, and officers for the Fall election were appointed.

In August each homemaker and representative of the L.D.S. Church was sent a letter concerning program planning to be taken care of at the Council meeting in September. In this letter they were given a resume of the 1953 problems as stated by them at their 1952 planning meeting and a list and explanation of the lessons carried out in this year's program. They were asked to consider

whether or not their problems had been solved. If not, why, and what were still problems. They were asked to give serious time and consideration to full discussion of these topics at their club meetings. Delegates to the council meeting were to have definitely in mind the decisions of the club as to topics and problems that they would consider of most importance for the 1954 program. A copy of this circular letter sent out is included at the close of this report section.

As a result of the letter to homemakers, emphasis on local club planning and good follow through by the club officers and leaders, these women came to the meeting with well thought through plans and instructions from their clubs. They were free with discussion, but rather positive in trying to get into the 1954 program the needs of club members.

At the Council meeting the following results of a survey taken from the same homemakers was presented:

- 46 homemakers reporting
- 35 own the house they live in
- 218 live at home in these families
- 97 adults
- 3 adults over 65 years
- 5 infants under one year
- 34 pre-school children
- 57 elementary school children
- 18 high school
- 4 out-of-school under 18
- 43 use gas for cooking
- 41 own sewing machines
- 23 own home freezers
- 6 rent a locker
- 44 own washing machines - 11 automatics
- 46 own a refrigerator - 32 have freezing compartments

These facts as given by the families of the various communities gave a basis for some of the program choices. After careful discussion by the various project groups and presentation of four or five topics, they considered of most interest, opportunity was given to coordinate their thinking so as to best vote for the wishes of their club. Each member then voted for two selections of the four phases of the program: clothing, foods, home management, and health and other activities.

With the one agent serving two counties it was decided to have a committee from each county assist with select-

ing the program topics for the two-county unit from the final selection of each of the two counties. This was done very satisfactorily and the following lessons for study were decided upon for the 1954 program. Requests for Specialists have been made for four of these lessons and the others will be handled by the Agent or others in the county.

PROGRAM FOR 1954

CLOTHING

Topic for Lesson

4-H Methods of Seams and Finishes	Feb.	Agent
1. Train mothers of 4-H members		
2. Learn simple seams and finishes for basic construction		
3. Standards for contests and fairs in both 4-H and adult		

BETTER DRESSES

Sept. & Oct.	Spec.
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As requested last year
To be done by L T M with leaders working with special interest group in their club.
Give one lesson to entire club

FOODS

Making Your Food Freezer Work for You

1. Home freezers are not being used to advantage	Apr.	Agent
2. Give general information and demonstration on preparation for freezer		
3. Gather "tried" recipes for foods		
4. Show some frozen foods		
5. Give thawing and cooking information		

Choosing and Cooking the Less Known Cuts of Meat

Nov.early	Spec.
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1. Choosing and Buying
2. Principles of Cooking
3. Prepare some
4. Recipes

HOME FURNISHING - HOME MANAGEMENT

Cleaning and Care of Floor Finishes & Coverings May Spec.

1. General care
2. Special care for tiles and carpets
 - cleaning and shampooing
 - vacuuming
 - dust mops
 - waxes

Easier Ways of Washing and Ironing Sept. Agent

1. Follow up of electrical study this year
 - check irons and other equipment
2. Sorting clothes
 - a. for washing
 - b. on and off line
 - c. dampening for ironing
3. Best equipment and use

HEALTH, COMMUNITY, AND SPECIAL INTEREST

GRAHAM COUNTY Use films on disease June Club

GREENLEE COUNTY: WHAT TO DO BEFORE THE DOCTOR
COMES AT AN ACCIDENT ON HIGHWAY OR HOME June Club

Insect control in the home and on the farmstead March or
April Spec.

Dr. Roney has been contacted

A committee of one homemaker from each club and the Agent planned and displayed in the J. C. Penney Store of Safford a very representative exhibit of the four phases of homemaking carried in the program during the year, in celebration of National Home Demonstration Week, May 3-9, 1953. Posters clearly denoted the reason for the display and who it was done by, as well as the exhibits of work done by the clubs. There were appropriate exhibits from the fields of Foods with the Basic 7 and meal planning posters, Clothing with aprons the Thatcher Club had included as one of their lessons, pictures made by the Eden Club were representative of the Home Furnishing and the very fine First Aid Kit of the Aravaipa Homemakers showed the fine work in health. A 15-minute radio program was devoted to this week's commemoration of National Home Demonstration Week also. The homemakers assisted in the program. Each club was responsible for making and placing appropriate posters in various public places in their communities. These told of the central exhibit.

A weekly 15-minute radio program is shared with the county agricultural agent. This program is at 1:00 P.M. on Saturday except for the time during baseball and football season when it has been at 10:30 A.M. Saturday. This program is to give subject matter information as well as to keep the homemakers up to date on happenings among their group and the 4-H clubs of the county. The Greenlee county homemakers have also asked to be included in this program since the agent serves both counties and there is a very close link between the two. This program has included 4-H club and homemaker members to help carry out certain programs directly related to their work. Any subject matter is kept very timely and authentic and an offer of more information from the office is often included.

There has been timely information furnished to the homemakers of the county through the newspaper in the county and on certain occasions in the Phoenix papers through their regular correspondent. Office and telephone calls, letters and bulletins, as well as home visits are other means of giving information to residents of the county. The volume of these contacts is rather heavy for this area. The number of bulletins and mimeographed information that is distributed by this office is quite large. These are given out at meetings, by mail as a result of letters or telephone calls, or, from office calls. The number of requests as a result of radio programs seems quite small, but is hard to determine. It is evident from personal contacts that many of the women use the information given to them by radio.

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF ARIZONA

University of Arizona
College of Agriculture
U. S. Department of Agriculture
and Graham and Greenlee Counties
Cooperating

Safford

Agricultural Extension Service
Home Demonstration Work
County Agent Work

August 13, 1953

Dear Club President:

I am enclosing copies of a questionnaire for your members and neighbors to fill out. This will aid us in program planning.

Since the time is short I am asking that you have members check this at your meeting. Have neighbors fill in one too.

Will you please return all of them to me in the enclosed envelope.

Sincerely yours,

Virginia E. Twitty

VIRGINIA E. TWITTY
Home Demonstration Agent
Graham and Greenlee Counties

VET:lg
Enclosure
cc: 15

Please check () in the space provided the following questions

It is not necessary to sign the slip.

Club _____ Date _____

1. We live on a farm ()yes () No

2. Our main income is from: () farming () other

3. We own the house we live in. () Yes () No

4. Our fuel for cooking is: () Wood () Gas () Oil
() Electricity () other

5. The following number of people live in our house

- () Adults over 18 years and out of school and under 65
- () Adults 65 years and over
- () Infants under one year
- () Pre-school children
- () Elementary school children
- () High School children
- () Out-of-school children under 18 not listed above

TOTAL.....

6. We own a sewing machine () Yes () No

7. We own a home freezer () Yes () No

8. We rent a locker () Yes () No.

9. We own a washing machine () Yes () No
() Automatic () Other

10. We own a refrigerator () Yes () No
() Ice () Other

11. Refrigerator has freezing compartment ()yes () No

12 Check where you buy:

	Local Store	Mail Order	Nearby City (Name)
Clothing	()	()	()
Shoes	()	()	()
Home Equipment	()	()	()

Graham and Greenlee Counties

8/53 cc:200

GRAHAM COUNTY HOME MAKERS' COUNCIL

Safford, Arizona
March 27, 1953

Dear Homemaker:

All members of the Homemaker clubs and Relief Societies are invited to the Spring Council meeting of the Graham County Homemakers' Council, Thursday, April 16 in Aravaipa Canyon.

Outstanding 4-H club members and leaders will tell of the trip they had to National Club Congress in Chicago last Fall.

Your club will please be ready to present a report of any especially interesting or outstanding activity during the year. The exchange of ideas should be helpful. Each club has been asked to present one phase of the homemakers' club program for this year.

The Aravaipa Homemakers' club will be hostess. A pot luck picnic luncheon will be served. The main dish will be provided by the Aravaipa Club. Please bring your individual table service. As president of your club please report to the Extension Service office, not later than the 11th of April, how many of your group plan to attend, so that the number can be reported to the Aravaipa Club for their planning.

The hostess club will furnish the main dish for the meal, Thatcher the salads, Eden, the beverages, and Safford the desserts.

Plan on leaving Safford about 9:30 in the morning. Cars going from the Gila Valley should take the road west marked Ft. Grant which leaves the highway about halfway between Pima and Ft. Thomas. We will meet at the crossroad marked Bonita and Aravaipa.

Be sure your organization is represented at the County Council meeting. Transportation can be arranged for some. Do call the county office if you have room in your car for passengers, or need transportation for yourself.

Sincerely,


Belle Bryce, President
Graham County Homemakers' Council

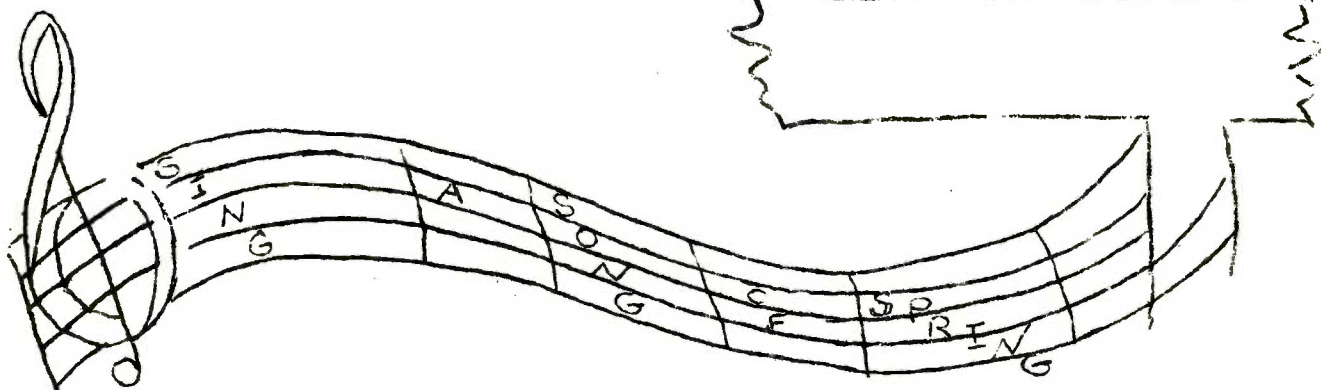
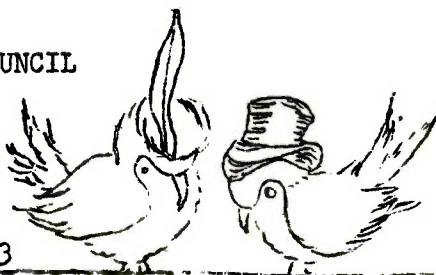
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GRAHAM COUNTY HOMEMAKERS' COUNCIL

P R O G R A M

ARAVAIPA CANYON

Thursday, April 16, 1953



Prayer - Mrs. Elizabeth Jones

12:00 Noon

Pot luck picnic in Aravaipa Canyon

1:00 P.M.

Call to order - Belle Bryce, President

1:05

Homemakers' Creed - Mrs. Vinnie Marshall

1:15

Minutes of last meeting - Loretta Layton, Secretary

1:20

Business

Old - Report of Committee on Council Club Dues
Mrs. Naoma Foster

New - Committee - National Home Demonstration Week

Nominating Committee for Fall Election

1:30

Club reports and exhibits by club presidents or
representatives

Safford Modern - Food and Nutrition

Thatcher - Aprons and use of loan kit

Eden - Picture Framing

Aravaipa - Resume of year's work and community projects

2:00

Club Achievement Awards - Miss Jean M. Stewart

State Home Demonstration Leader

Highlights of Club Activities in Other Counties, Miss Stewart

County 4-H Clubs - S. L. Owens, County Agent

Trip to National 4-H Club Congress - Chicago

Jeanine Stewart - 4-H Club Member - Safford

Lamar Kempton - 4-H Club Leader - Eden

3:10

County Homemaker Program - Virginia E. Twitty
Home Demonstration Agent

3:30

Adjournment

cc: 75-1g

P R O G R A M

GRAHAM COUNTY HOMEMAKERS' COUNCIL

SAFFORD WARD CHURCH

SEPTEMBER 17, 1953
1:00 to 4:30 P.M.

12:45	Registration
1:00	Song
	Presiding - Belle Bryce - County President
	Prayer
	Club Creed - Cora Blake
1:10	Business meeting
	Election of officers
1:40	John L. Sears, County Agricultural Agent
1:50	Jean M. Stewart - State Home Demonstration Leader
2:05	Virginia E. Twitty, Home Demonstration Agent
	Graham and Greenlee Counties
2:20	Project group discussion
3:00	Reports from group secretary and discussion
3:30	Recess for club discussion
3:45	Voting on program selections

BEATITUDES OF A LEADER

BLESSED is the leader who has not sought the high places, but who has been drafted into service because of his ability and willingness to serve.

BLESSED is the leader who knows where he is going, why he is going, and how to get there.

BLESSED is the leader who knows no discouragement, who presents no alibi.

BLESSED is the leader who knows how to lead without being dictatorial; true leaders are humble.

BLESSED is the leader who seeks for the best for those he serves.

BLESSED is the leader who leads for the good of the most concerned, and not for the personal gratification of his own ideas.

BLESSED is the leader who develops leaders while leading.

BLESSED is the leader who marches with the group, interprets correctly the signs on the pathway that leads to success.

BLESSED is the leader who has his head in the clouds but his feet on the ground.

BLESSED is the leader who considers leadership an opportunity for service.

- - - Author Unknown

9/14/53
cc: 65

Cooperative Extension Work
in
Agriculture and Home Economics
State of Arizona

University of Arizona
College of Agriculture
U.S. Department of Agriculture
and Graham County Cooperating

Agricultural Extension Service
Home Demonstration Work
County Agent Work

Safford
August 7, 1953



GREETINGS:

No, this is not an order to report to Uncle Sam's army, but it is a draft to join forces with other Homemakers to help plan a program for 1954.

It is important that we do some serious thinking of what our past programs have included, what our present problems are and what we can include in the program to best solve these problems. We will probably want to continue lessons in some of the phases of work that have been started as I'm sure some of the problems are only partly solved.

Will you read this letter carefully, take time to consider your part in it and be ready to discuss the needs of Homemakers at your club meeting this month. Then do try to be present at our program planning day September 16 Greenlee County, September 17, Graham County.

Now! Let Me Think

? ? ?





The following are topics you listed last year as problems and on the right are the topics worked on in 1953.

RECOMMENDATIONS
Graham County

1. Broiler Meals
2. Menu Planning for time saving
3. Preparing food for the freezer
4. Menu and recipes containing liver and ways to cook.
5. Pasteurization of Milk.

Greenlee County

1. Meat substitutes in main dishes
2. Preparation of left over foods
3. Salads and desserts that are nutritionally attractive, palatable, economical, low calorie.
4. Party refreshments and cake decorating
5. Nutrition and public health.

FOODS

LESSONS-1953

1. Meat cookery with emphasis on broiling
2. Menu planning for time saving

1. Meat substitutes in main dishes
2. Menu planning for time saving

CLOTHING

Graham

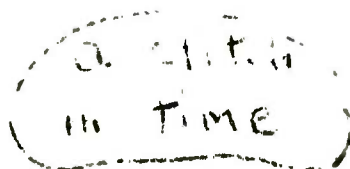
1. Tailoring and fitting
2. Plackets
3. Short cuts in boy's clothing
4. Short cuts in sewing
5. New Textiles

1. Short cuts in sewing
2. New fabrics

Greenlee

1. Children's clothing
2. New fabrics, sewing and care
3. Accessories to complete the costume
4. Good grooming
5. New decorative stitches

1. Short cuts in sewing
2. New fabrics



HOME MANAGEMENT

Graham

1. Easier ways of doing things
2. Better use and care of household tools you have
3. Short cuts in washing and ironing
4. Cornices and shadow boxes

1. Easier ways of doing household tasks
2. Better use of electrical equipment

Greenlee

1. What-nots and other small accessories for the home
2. Care and repair of small electrical equipment
3. Color in the home

1. Accessories for the home (pillows and small arrangements)
2. Better use of electrical equipment

Special Interest

1. Refinishing furniture
2. Slip covers
3. Upholstery

Where do we
go from Here?



HEALTH

Graham

1. More cancer films
2. Child care--first aid and communicable diseases and care
3. What can be done to develop community halls for teen agers.
4. Household saving devices for helping the heart.
5. Need for more adequate hospital

1. Communicable diseases) club
2. Child care-first aid) arranged

Greenlee

1. Care and entertainment for sick children medications, treatment.
2. Lectures or films on leukemia, polio, rheumatic fever.
3. Home first aid and the medicine chest
4. Fly control, ants, and cockroaches.

1. Communicable diseases) club
2. Child care-first aid) arranged
3. Cancer film (council meeting.)

As you probably realize with one Agent working in both counties, that the State H. D. A. Leader and the Specialists had to, last year, try to coordinate your two county requests and try to please the most people, yet not double the time and effort needed.

1. Have these lessons served to help solve your problems: Do you want more on these topics with another phase of it studied?
2. Are those in the left hand column, not selected for 1953 study, still problems?
3. Are there topics studied in the past few years that you would like to have more help on?

Will you please consider why the above problems were written down last year. WHY are these problems? WHAT can be done about them?

You may find enough topics for our 1954 Homemakers program among the above problems that have not been answered, but if not here are a few to be thinking about.

FOODS

American food production, 1953-54, will supply foods for balanced diets for everyone in the United States. The problem is one of a more equal distribution. Are you getting your share? Surveys show that women of child bearing age and adolescent girls rate the poorest diets in the United States. IS THIS ONE OF OUR PROBLEMS?

1. Do you know how to buy and prepare food that will provide your family with a healthful diet?
2. Do you know how to and make the best use of your food preparation equipment? Stove, refrigerator, freezer, small equipment?
3. Is time for meal preparation and following a planned schedule your problem?
4. If making your food dollar go far enough is not your problem, then you are in the minority?

CLOTHING

There is still a struggle for the family living dollar. The cost of living has not declined and clothing costs are relatively high. With new fibers and various blends of fibers into fabrics there is an ever present buying and care problem in clothing. According to the appared market reports, married women workers outnumber single girls.

1. Is your problem deciding who will get a new coat this year? When new clothing is really needed, physically or for moral. We do need new clothes for our soul, you know.
2. Do you know how to intelligently read labels to help in buying the kind of fabric you want (in yardage or ready-to-wear)?
3. Do you know how to care for the garments that you have?
4. Must you make a decision as to whether to make or buy your clothing?
5. Do you know what features to look for in buying ready-to-wear garments?

HOME MANAGEMENT

Home Management and Home Furnishing is a never ending job, but an ever interesting one due to the fact we can move or add to our furnishing. Each time a new piece of furnishing is added or moved then there is a new management problem, or the solving of a problem.

1. Do you need some new equipment? Do you know how to select it? Do you know how to care for it?
2. Do you need to save your time and energy? And who doesn't?
3. Would you like to spend less time:
Preparing each meal?
Setting the table?
Washing dishes?
Doing the family laundry?
Shopping for groceries?

HEALTH AND COMMUNITY LIFE

You are probably aware that cancer is affecting more and more families, and many persons because they do not know the symptoms in time. Polio, diabetes, heart ailments are all on the increase. CAN WE FIND OUT MORE ABOUT THESE TO HELP OUR FAMILIES PROTECT THEMSELVES?

Is community recreation a problem? Some of you are doing something about it through 4-H Clubs. Can we have more 4-H Clubs and have them getting the things they need from playing and working together? LEADERS ARE A NUMBER 1 MUST TO HAVE GOOD COMMUNITY RECREATION AND 4-H Clubs.

Project Leaders please consider the problems that may have been brought to your attention as you worked on your lessons this year.

Those attending the program planning meeting will be divided into the four phases for the planning and idscussion, then will come together for discussion and voting.

Those representing the club will need to have well in mind what the majority of the member want in the program rather than just their own wants and needs. This should come out in your club meeting discussion.

Further notice of time and places of the meeting will be sent.

DO HELP US TO HAVE A GOOD 1954 HOMEMAKERS PROGRAM.



Sincerely yours,

Virginia E. Twitty

Virginia E. Twitty
Home Demonstration Agent

HOMEMAKERS AT THE GRAHAM FAIR

*Mrs. Elizabeth Coleman, Mrs. Dorothy Worden
Are Top Winners in Domestic Arts Division*



IT'S HARD to believe, but Mrs. Elizabeth Coleman took 47 blue ribbons in the Domestic Arts department at the Graham County Fair, in Safford, Oct. 17-18. Exactly 39 of those were in foods, the rest in sewing. That made her Premier Exhibi-

tor, of course. Probably her record of winnings is an all-time high for Arizona fairs.

Yet it is not one of Mrs. Coleman's entries that Mrs. Erma Stewart (left) is holding up for the admiration of the Premier Exhibitor. As superin-



▶ The camera reveals only feebly the beauty and workmanship of some of the entries in the Domestic Arts department at the Graham County Fair, shown here by Virginia Twitty, county home demonstration agent, and Mrs. Delva Preston, sewing division superintendent. Miss Twitty holds a squaw dress made by Mrs. Dorothy Howard of Thatcher. Mrs. Preston displays a shirt that won a blue for Mrs. Etta Smith. Behind is a special ribbon pinned to one of the department's most lovely and spectacular exhibits, a tablecloth made by Mrs. Katy Rogers of Thatcher.

Take a Little Time

Thatcher Homemaker Believes Home Is More Restful, Life a Bit Better If That Advice Is Followed

MRS. BRUCE BRYCE of Thatcher doesn't believe in wasting time, not by a long sight! Neither does she believe in keeping her nose to the grindstone, shoulder to the wheel, teeth in the bit, hand at the throttle, and arms in the washtub all of the time and simultaneously.

In fact, having tried it, Belle Bryce doesn't think it can be done or should be attempted. She admits to having made a good stab at being a constant whirlwind of activity and says it blew up a lot of dust that obscured many of the good things of life.

There is more relish to leisure time if you have waited years to discover it, according to Mrs. Bryce. Growing up as one of the oldest of 18 children, an early marriage, a family of her own—all made for days packed full from dawn to dark, and she doesn't regret an hour of them. "When you're a little younger," she says, "seems like doing something because you think it has to be done is enjoyment enough. But now I like a little time, and I think my husband, the children, and myself too, are all a little happier since I decided I could take the time."

Mrs. Bryce credits her Homemaker Club activity with helping her realize that leisure time isn't wasted



Mrs. Bryce takes a moment of her day to examine the flowering almond tree in the backyard of her home.

time. And she gives credit to her 13-year-old son Wesley and 15-year-old daughter, Barbara, for helping her have that leisure time.

What does she do with those odd minutes and hours? Part of them have been spent in her job as president of Graham Homemakers Coun-

ty Council, a job which called for keen interest and devotion especially during the several months that there was no home demonstration agent in the county. Yes, clubwork counts as leisure time for Mrs. Bryce, since it is time off from her main job of taking care of the family. "Even though her Homemaker Club activity has taught her "more than I thought I could learn" about the art of homemaking, it still counts as leisure time since it provide a change in scenery and atmosphere.

Leisure time means "fooling around" in the small garden by the side of the house too. Stopping to look closely at the growing things—almost watch them push upward and outward.

Still Learning

It means having her daughter teach her to crochet, and it means embroidering, or more often painting, designs on table runners, dish towels and pillow slips. Textile painting of the type Mrs. Bryce does was new to this reporter. She uses the same stencil design as for embroidery and it takes a close examination to distinguish between the two arts. And painting is much quicker, which, according to Belle Bryce, makes it seem worthwhile for dish towel decoration while embroidery always seemed wasted for kitchen use.

Leisure time also means, to this Thatcher homemaker, just sitting and watching the family, meanwhile making a few plans, enjoying her pride in the children, just being happy for a few minutes.

"You can't do like this when your children are little," she says, "but when they begin to grow up I think almost every woman would be better off for letting her world run along on its own steam every once in a while." And it could be she's right.

—Jo.

Arizona Homemaker

A busy homemaker leader who has time to help others, to keep her family happy, and to have some hobbies

Arizona Farmer, April 25, 1953

Homemakers Get News to the Papers

Homemakers also get meeting announcements to the radio station. There is a daily morning program that is a good reminder to the women.

loss is Thatcher's gain as Mrs. Pointer is a grand person and an asset to any club or community.

Club members present were Mae Davidson, Eva Calahan, Charlotte Weathersby, C. Jones, Lila Claridge, Leona Rix, now residing president, the hostess, Jean Dowdle, and five children.

Mrs. Pointer offered a splendid prayer and grace. The president presided over the business meeting which started off by group singing of "America the Beautiful," accompanied on the piano by Mae Davidson. Choosing projects for the coming year and choosing project leaders was next on the agenda. Mrs. Bryce then reported on the wonderful county council meet held at Morenci and of the activities to be carried on. Mrs. Pointer then reported on the conference held at the University of Tucson. This was the second conference she had attended and she told of the wonderful lessons presented, the fun to be had and all of the interesting people one meets. They are so enjoyable that she announced her intention to attend every one even if she had to "take in washings" to be able to

FRIDAY, JANUARY 30, 1953

ARAVAIPA CLUB ENJOYS LUNCHEON

The Aravaipa Homemakers Club met Wednesday, January 21st at the home of Mrs. Jean Dowdle, and enjoyed a delicious potluck luncheon. Special guests were Mrs. Belle Bryce, Graham County Council president; Gertrude Pointer, County vice-president and past president of the Aravaipa Club, and Jo McBride, all of Thatcher. The club members feel that their

EDEN CLUB YEAR BOOKS DISTRIBUTED

The Eden Homemakers Club met Friday, Jan. 23d, at the home of Mrs. Bob Colvin. New officers took over for the first time since the December election and are as follows: President, Mrs. Maybelle Carpenter; vice-president, Verna Rae Colvin; secretary-treasurer, Naoma Foster; recreation leader, Vinnie Marshall; reporter, Ruth Hackenbrack.

Year books were distributed and projects chosen for the coming year. Delicious refreshments were served to Maybelle Carpenter, Naoma Foster, Belle Bryce, Vinnie Marshall, Lou McEuen, Ola Colvin, Bertha Christensen, Lois Kempton and Ruth Hackenbrack.

The next meeting will be held Feb. 20 in the home of Mrs. Jim Foster.

FRIDAY, FEBRUARY 6, 1953

FRIDAY, APRIL 24, 1953

Graham County Guardian

SILVA VALLEY FARMER

HOMEMAKERS HOLD PICNIC AND MEETING

The Graham County Home-maker's Council at Aravaipa Canyon on Thursday, April 16, for a picnic and meeting. Pot-luck luncheon was served at noon, the prayer being given by Mr. Owens.

The meeting was called to order at one by Mrs. Belle Bryce, who introduced all of these present. Maybell Carpenter gave the Homemakers Creed. After reading of previous minutes, giving committee reports, and taking care of new business, various clubs reported and gave varied exhibits and demonstrations. Safford Club gave a talk on foods and nutrition, and better foods for your food dollar. Thatcher ladies modeled some very pretty aprons and explained the use of the University loan kit. Eden gave a demonstration on picture framing. Aravaipa gave a resume of their years work and the various community projects which they sponsored, the main one being providing and maintaining a community first aid kit.

Miss Jean M. Stewart, state home demonstration leader, presented the Aravaipa Club with a certificate of achievement for the year 1952, one more to add to several received in previous years of club work. Miss Stewart also gave highlights of club activities in other counties.

Mr. S. L. Owens, county agricultural agent, spoke on 4-H work and expressed his wishes that people put more exhibits in the county and state fair.

Lamar Kempton and Miss Jeanine Stewart gave talks and reports on 4-H club work and the 4-H Congress in Chicago, and told of the informative and interesting things to be had there.

Miss Virginia Twitty, county demonstration agent, was the concluding speaker, but as time for adjournment was near she said she would mail them the information.

LEADERS KEEP THINGS GOING



Here are four Homemaker presidents in Graham County who have taken on the task of keeping Homemaker projects thriving while the county waits for a new home demonstration agent. Left to right are Mrs. Verna Colvin of the Eden club, Mrs. Cora Blake of the Safford Modern Homemakers, Mrs. Opal Brimhall of the Thatcher group, and Mrs. Belle Bryce, County Council president.

January 17, 1953

ARIZONA FARMER

III. Project Activities and Results

B. House and Furnishings

It is of special interest that the carry-over of projects is important and uppermost in the minds and homes of the women in the things we do each day, as well as to always have them say during program planning "Oh, we've had that". It was reported last year that the wagon wheel rug making was done in the Eden Club at a previous time. Early this year when the Agent came to the county the Eden Club had requested another demonstration on this from a homemaker in another club. At the time that we were planning for the exhibit for National Home Demonstration Week the "Making Pictures and Framing" was the exhibit material furnished by the Eden Club as the Home Furnishing phase of the program. This was the program from the past also.

The Thatcher club had evidently missed having the lesson on blanket washing when it was scheduled so they had it this year. Mrs. Elma Graves presented this lesson to them and they were all very pleased with it. The members have used the information widely.

These club members as well as others in the two counties have been told of the addition to this lesson of the use of Formula EQ-53 for moth proofing washable woollens. The agent has checked periodically with all of the drugstores in the county concerning their stocking of this, and to date none have done so. Just the past week the two Rexall drugstores have said they will check with the salesman as he is to be in the county in the near future. The women have been requested to keep asking for this product.

As the Morenci Homemakers in Greenlee County wanted the lesson on "blanket Washing" and the Graham County homemakers wanted to know how to make copper tooled pictures there was arrangement made by the two counties to exchange training on these two. Mrs. Elma Graves of Thatcher gave the blanket washing lesson to the Morenci Club at a special meeting for that purpose. The water was tested for hardness, various detergents, soaps, and water softeners were discussed and explained. Mrs. Graves did a very fine job of giving this lesson. The women were surprised to find so much soil could soak out of the blanket without agitation.

Mrs. Virginia Tomerlin, Mrs. Willie Tysoe, and Mrs. Cleo Scott of Morenci gave the lesson on copper tooling. Since there seemed to be widespread interest in this activity all clubs and L.D.S. groups were invited to an open meeting in Safford. These leaders gave a very fine help on selection of designs. They furnished supplies to use and explained the technique of applying and finishing the design. Each of the 24 present was allowed time

and given assistance to complete a small picture. The leaders had good examples of completed pictures showing various types of matting and framing. This group was told to use their imagination, that "designs" are where you find them. There has been no official report of the work done in this project as it was special interest, but there are plans for making use of it for Christmas gifts.

As a result of this lesson on copper tooling, Gertrude Pointer of the Thatcher Homemakers' Club used the information in Bible school courses at the Baptist Church in Safford. Twenty-one youngsters ages nine to fourteen started and completed 15 pictures. A religious scene was used. The Agent viewed this group at work and gave suggestions of help for procedure. The copper tooled pictures were mounted on a wood background. Some of these appeared in the county fair exhibits.

The home management leader training meeting on "Easier Ways of Doing Household Tasks" was attended by representatives of each of the four homemaker clubs and two relief societies.

The lesson was relayed in each of the six groups and the kit of material was found very useful. It was impossible for the agent to attend any of these meetings, but some dissatisfaction has been expressed from some of the leaders. It seems that when the time came for them to relay the information they were at a loss as to just how to hold the interest of the women. It seemed intangible to them. Thatcher and Safford leaders prepared the dustless dust cloth and added some of the suggested helps from their homes which seemed to give them more satisfaction from their meetings. This criticism is due to the fact that the proper relay of the wishes of the women was not made to the Specialist. This can easily happen. Every effort is being made to eliminate this error for the coming year.

Of the six leaders from Homemaker clubs and L.D.S. groups reporting there are:

Checked over tools they have	81
Bought some new, energy saving tools	22
Checked their own posture	77
Checked work heights	27
Those satisfactory	18
Those unsatisfactory	10

None of the unsatisfactory ones reported what they did about them.

"Better Use of Electrical Equipment" was the topic of the second home management lesson of the year. The seven leaders attending the training meeting were very responsive and left the meeting with

plans for relaying the information to their club members. The kit of material used in the leader training meeting was furnished to leaders for their use.

Leaders reports:

Number who learned not to overload circuits	32
Number who checked present use of circuits at home	26
Number who learned how to read electrical advice on equipment	30
Number who adopted the use of Underwriter's knot for safety	15
Number who accepted safer practices	34

The women were amazed to find that some pieces of equipment used as much current as they did. They seemed aware of the fact that many homes are not properly wired, but some report being able to get some improvement after their family realized the danger of some of their wiring and outlets as well as the inefficiency of it. This information will be carried over for many years with these same women and it is quite certain that they will pass it along to neighbors and friends.

The cost of electricity is very high in this area. This fact is borne out in results of a recent survey among the homemakers. There were none reported using electricity for cooking.

There were 46 homemakers reporting in the above survey and 35 of these families own their own home. There were 4-3/4 persons per family in these homes. Forty-four own a washing machine and 11 of these are automatic.

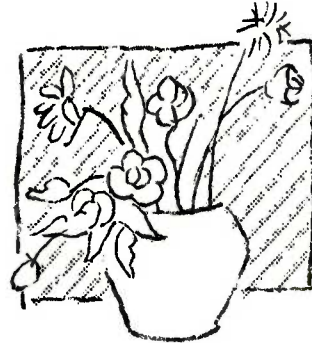
Topics selected for the 1954 lessons are "Cleaning and Care of Floor Finishes and Coverings" and "Easier Ways of Washing and Ironing". Both of these will fit into the Home Management and Home Furnishings fields from the standpoint of time and energy saving as well as preservation of equipment.

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
State of Arizona
Safford

University of Arizona
College of Agriculture
U. S. Department of Agriculture
Graham and Greenlee Counties
Cooperating

Agricultural Extension Service
Home Demonstration Work
County Agent Work

February 25, 1953



DEAR LEADERS AND CLUB PRESIDENTS:

As per schedule, Miss Grace Ryan, Specialist in Home Management, will be with us to give help in the Home Furnishing projects your clubs ask for this year.

The Leader Training meetings are as follows:

1. GREENLEE COUNTY: "Household Accessories"
WEDNESDAY, MARCH 4 - 10 A.M. to 3 P.M.
In Clifton at the home of Mrs. Joe Smith,
212 4th St., (Corner of 4th St. and
Leonard. Entering Clifton turn right at
Ford Garage, continue to High School.
Smith residence is one block from H.S.
on Leonard)
2. GRAHAM COUNTY: "Easier Ways of Doing Household Tasks"
THURSDAY, MARCH 5 - 10 A.M. to 3 P.M.
Thatcher Relief Society Hall

Leaders in Greenlee County please bring small sewing equipment as scissors, thread, needles, pins, etc. to do some bit of making some illustrative material for use in your homemakers' meeting.

Please bring a sack lunch or plan to eat out at noon.

I shall be looking forward to meeting and working with you.

Sincerely yours,

Virginia E. Twitty

VIRGINIA E. TWITTY
Home Demonstration Agent

VET:lg
cc: 50

III. Project Activities and Results

C. Food Preparation and Preservation

The foods leader training meetings scheduled for February had to be postponed until May due to the illness of the Specialist. This created some difficulty in the scheduling of the lessons into an already full program. When the lesson was given in May there were nine leaders who were most enthusiastic about learning to use their broilers to good advantage. Perhaps the most amazing and useful feature of the lesson was for the women to learn that they could broil at a low temperature and thus avoid smoke and a hard to clean broiler as well as to have better food.

Mrs. Morris did a fine job of tying this lesson in with an earlier one on proper weight control. Those having had this background could better understand the importance of protein in the diet. It was a good example of the importance of the same leaders serving as a project leader for a number of years. Reports of this lesson's use have been very fine.

Reports from Leader show the following:

Time given to presenting the lesson	11 hours
Buying meat according to grade (others have their own)	24
Think the project helped in methods of preparation	28

One leader reported "They're still inclined to go back to their old ways"

Number that used the recommended methods for cooking meats:

Broiled beef patties	31
Broiled chicken	16
Broiled steak	12
Broiled liver	12
Checked protein intake	23
Number getting approximately 60 grams daily	20
Number who gained weight desirably	11
Number who lost weight desirably	6
Number who adjusted food intake to maintain ideal weight	12

In addition to the information furnished according to the report sheets furnished to the leaders there have been very fine reports of the many uses of broilers and use of the information on low temperature cooking of meats. The request for another lesson on meats for next year shows continued interest. In the planning meeting when it was decided to ask for a lesson on selecting and cooking some of the less known cuts of meats one woman said: "Maybe we can learn how to cook some of them in our broiler again".

"Menu Planning for Time Saving" has been very well received, but time will tell if it is used to any great extent. Seven leaders have relayed this information to their club members. The prepared master mix was used at the meetings to make the gingerbread and it was served with hot spiced applesauce for refreshment. Recipes for other uses of the master mix have been furnished to the members. Several have reported other uses they have found in addition to these. Drop biscuits, waffles, and coffee cake have been made and reported successful. The white sauce mix was made at the meetings. Three clubs were helped to fill in a food plan and four discussed the pattern for meal planning. More results of the actual use of this information will have to be reported later. The Agent has mailed out 18 copies of the recipes for the mixes and their use to individuals. The need and desire for these has been expressed during home visits and telephone calls. The Thatcher Relief Society requested additional bulletins for their use. The Thatcher homemaker leaders will give the lesson.

The Agent was invited to present a nutrition talk to the Thatcher P.T.A. on October 12. The title on their program was "Good Nutrition - a Child's Birthright". There were 150 parents and teachers in attendance and they were a very receptive and responsive audience. Nutrition was presented from the standpoint that the body is compared to a factory, and the food we eat the fuel, oil and paint needed for smooth operation and production as well as appearance. The Basic 7 chart was used showing what happens to the spinning of the wheel if any one spoke is left out. The flannelgraph was used to good advantage in this illustrated talk. As a result of this meeting several of the Thatcher residents have called or come to the office for discussions, bulletins or other helps regarding nutrition.

Either as a result of the above talk or a general increase in interest there have been numerous requests from elementary and high school age boys and girls and from several of the teachers, for more nutrition information. The health classes in schools seem to be including a great deal of nutrition teaching which is very gratifying.

In November the Agent repeated much of the nutrition talk given to the Thatcher P.T.A. for two classes of 6th grade with 60 members. Three teachers were present. This request came as a direct result of the former talk. The talk was brought down to the level of the youngsters.

Jo Perrill, Women's Editor of the "Arizona Farmer", came to the county to interview homemakers regarding their home freezers and how they used them. This information was to be used in a

series of articles on this subject in "Arizona Farmer". The Agent and Miss Perril visited in the homes of seven women in Central, Thatcher, and Solomon areas. It was surprising to find that only one of the seven women was making good use of her freezer. Two were located in basements with very treacherous stairways. Others were found to be used mostly for meats, or commercially packaged foods. No especial interest was expressed in getting help for making better use of these freezers. There was very little precooked food found. Since being in the county and finding so many food freezers in the homes it has been surprising to find the few requests for additional help.

Of 46 homemakers reporting on a survey this Fall, 23 own a food freezer, six rent a locker and 32 of these have a freezing compartment in their 46 refrigerators. This survey was used in the Fall planning meeting and the women decided to have a lesson on "Making Your Food Freezer Work for You", in 1954. The Agent plans to present this lesson to the clubs.

The County Fair showed the lack of canning and freezing foods done in the county. This year for the first time there were lots for frozen food, but the entries were small in number. The canning exhibit was of exceptionally high quality, but the quantity was small for an agricultural county. There were no jars of food entered that were not shiney and clean on the outside.

The food preparation exhibits were rather plentiful at the county fair and the judge expressed pleasure in the high quality. Mrs. Eliza Coleman of Thatcher won 47 blue ribbons at this fair, and of these 39 were foods.



Champion Exhibitor at the County Fair
Mrs. Elizabeth Coleman (right) and
Mrs. Irma Stewart, Superintendent of
Foods Department for Fair - October, 1953

Mrs. Coleman had 39 blue ribbons in the
foods department and 8 in clothing

III. Project Activities and Results

D. Health and Safety

The clubs have each had a lesson on some phase of health during the year. These have been arranged for and directed through the club with an outside speaker. These have mostly been given by a nurse in the community, and have been on care of children and communicable diseases in the home. First aid has been one of the topics too.

The nutrition talks and materials supplied, as mentioned under the heading of foods in this report, are a contribution to this phase of the work also. At least 252 people have been personally contacted through different channels of nutrition information in addition to that given in the Homemakers' clubs in their foods lessons.

During National Safety Week in the Spring 908 letters went to county residents from the County Agricultural Agent and the Home Demonstration Agent. This was a colorful mimeographed letter with appropriate illustrations to more forcefully remind the readers of the importance of farm and home safety.

A joint letter from the two agents went to 875 families during National Fire Prevention Week. This letter, too, reminded these families of the importance of checking on and making improvements of fire hazards around their homes. Copies of these letters on farm and home safety follow this report section.

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
State of Arizona

University of Arizona
College of Agriculture
U. S. Department of Agriculture
and Graham County Cooperating

Safford

Agricultural Extension Service
Home Demonstration Work
County Agent Work

April, 1953



Spring
CLEAN-UP
WEEK

MAKE YOUR FARM SAFE

- SUNDAY: Plan your clean-up week program - inside - outside
Something to do each day
- MONDAY: Clean - inside - closets, cupboards, for oily rags,
newspapers and trash that catch fire
- TUESDAY: Clean - inside - drawers or chests under windows -
catch-alls where fire may lurk - keep matches
safely - in metal or glass - out of reach
- WEDNESDAY: Clean - outside - along fence rows - dry weeds that
can quickly carry a fire to your barns or home
- THURSDAY: Clean - outside - stove vents - check roofs - so many
fires start on a dry brittle roof
- FRIDAY: Clean - outside - machinery - dirty machinery will
start fires from shooting sparks
- SATURDAY: CHECK: After your clean-up week be sure you have all
equipment for fighting a fire if one does start -
sand, water supply, extinguishers - tomorrow
may be too late

IF YOU CHERISH YOUR HOME, KEEP IT AND THE HOMESTEAD CLEAN AND SAFE.

Virginia E. Twitty
VIRGINIA E. TWITTY
Home Demonstration Agent

**** *S. L. Owens*
S. L. OWENS
County Agent

VET:SLO:lg
cc: 980

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF ARIZONA
Safford

University of Arizona
College of Agriculture
U. S. Department of Agriculture
and Graham County Cooperating

Agricultural Extension Service
Home Demonstration Work
County Agent Work

October, 1953

NATIONAL FIRE PREVENTION WEEK
OCTOBER 4 - 10, 1953



YOUR buildings - -

are they too close together?

YOUR water supply - -

will it put out a fire?

YOUR gasoline - -

is it safely stored?

YOUR roof - -

is it fireproof?

YOUR matches - -

out of reach of children?

YOUR home - -

do you safeguard it?

Be careFUL - not careLESS!!

Virginia E. Twitty

VIRGINIA E. TWITTY
Home Demonstration Agent
Graham and Greenlee Counties

John L. Sears
JOHN L. SEARS
County Agent
Graham County

VET:JLS:lg
cc: 1,000

III. Project Activities and Results

E. Clothing

Because there was no home demonstration agent in the county the early part of the year, the requests for Homemakers' lesson on "Making Better Dresses", was postponed until a future date.

Since there was not the regularly scheduled meeting in February, the Thatcher Club secured the Apron loan kit for their lesson. The leaders notified each member to bring their favorite apron and they modeled them. The aprons from the kit were modeled and the satisfying features explained. Patterns were taken from those in the kit.

At the Spring County Council meeting this club used the apron kit again to show their phase of the year's program. The use of loan kits was explained. They again modeled and explained the good features of each apron. This same club provided aprons that they had made from these patterns to show the clothing phase of the homemakers' program in the window display for National Home Demonstration Week in May.

Fourteen clothing leaders from homemaker and L.D.S. groups were given training on "Trims and Finishes" for clothing construction. Miss Helen Church, Clothing Specialist, included in this lesson:

1. Setting in underarm gussets
2. Making and using bias cording
3. Hemming by machine
4. Making belts and covering buckles
5. Mitering corners

Leaders were most enthusiastic about these helps. They had time to make samples to give them adequate experience to demonstrate the techniques for these relay lessons.

This has probably been the most widely used and demonstrated lesson during the year. The homemakers and L.D.S. women have given all or a part of the lesson to each of their groups and there have been numerous reports written and verbal of how they have passed the information on to individuals and groups of

neighbors and friends in addition to the regular organizations. One 4-H club and homemaker leader says she has given the information on making belts and buckles and hemming by machine to her relatives and friends in two other counties. The following results have been reported from leaders who attended the leader training meeting:

12 days were spent in helping with this unit of work
9 showed by demonstration

The following number used help received:

	Members	Others
Making and trimming with bias folds	172	83
Used cord trimming	2	82
Set in gussets	37	84
Machine hems	189	121
Belts and buckles	193	93
Self trims	61	82
Putting in zippers	15	4

4-H club leaders were at these meetings and made very fine use of the information.

Two homemaker club leaders made orders for their club members for the gutta percha and belt buckles as well as other supplies from the "Save on Sewing Supply" in Tucson. Two different club members are known to have purchased a full roll of the permanent belting for their own use.

Mrs. Cressa Nelson, 4-H leader of Thatcher, has used this help extensively with her 4-H club, in her Relief Society, and she gave a training session to Relief Society Leaders of her Stake including the area from Thatcher to Globe. She was given specific help in preparation for the latter.

The leader training meeting on "New Fabrics" was attended by nine leaders from Homemaker and 4-H clubs. The lesson included fine helps on the distinction of rayon and acetate and the new legislation regarding the labeling. The satisfactory and unsatisfactory qualities of each were thoroughly discussed. The proper uses of each and its treatment and care was of much interest to these leaders.

The lesson was repeated in each homemakers' club during November, and there were forty-seven members in attendance. Results as to how many of these women use the information will have to be reported next year. The Agent made an entire 15-minute radio

program from the information given in this lesson. The emphasis was on the qualities of each of the new fibers and the best use and treatment of each. This lesson is one that will be continuously used and added to for use in many phases of the program from time to time in the future.

The Thatcher Relief Society made a request for the kit on this lesson, which will be given from their leaders who are in the Thatcher Homemaker Club.

During the year the Agent judged clothing exhibits at two fairs in other counties. In May there was a nice opportunity to give constructive criticism and training to the 4-H club leaders in Cochise County while doing the judging at their Fair. The exhibits were small in number and it was possible to have the leaders there while the judging was done. Clothing exhibits were judged by the Agent at the Apache County Fair in St. Johns.

The Agent felt that clothing construction garments at the Graham County Fair were of exceptionally good quality. There were perhaps more entires in these classes than is average at most of the county fairs of the state.

III. Project Activities and Results

F. Family Relationships

The film "Human Growth" on loan from the University library was shown to four groups in the county. The first showing was arranged through and to the Womens' Club in Safford. A group of teachers from Thatcher viewed the film to discuss and consider its further use. It was shown to an L.D.S. group of 35 at Solomon. The home demonstration agent showed it for the Safford Homekaers and their husbands at an evening meeting especially for that purpose.

III. Project Activities and Results

G. Recreation and Community Life

Recreational facilities in the county as a whole seem to be taken care of by each family or community in its own way. With the mountains and desert so close at hand, picnics, camping, and hunting are favorite recreation for many groups.

As for more formal planned recreation the church groups and schools take care of those within their jurisdiction. This is especially true of the L.D.S. Church organizations.

Any community wide concerts or the more cultural entertainment coming into the county is not well enough supported by the people to carry on such programs.

The Homemaker and 4-H clubs in the county need to improve their regular meeting plans to include more planned recreation. Some of the clubs do a fine job of having songs and games at each meeting. Each homemaker club has a Christmas party in December. Some devote the entire meeting to the recreation and party phase of the program, while others include election of officers. Each club holds a family picnic in July at which time various kinds of recreation are provided by the group.

The Aravaipa community is isolated in that they live about 50 miles from the main center of population; therefore they have to provide their own recreation. They have planned dances for the entire community as well as the homemakers' picnic.

The Eden 4-H club had a community carvival for the purpose of raising funds for expenses of delegates to State Round-up. Reports indicate good participation and fun for all, as well as a good fund for 4-H-ers.

IV. Outlook - Adult

It has been difficult this year in the home demonstration program to do more than try to catch up and carry the regularly scheduled program. This situation was due to the fact the county was without an agent for several months.

Until the past year there had been fine participation of the ten Relief Society groups of the L.D.S. Church. With their irregularity of participation in the homemakers' program it is now uncertain as to what must be done to reach more women than the membership of the homemaker clubs.

It is planned that any possible increase in numbers of clubs will be undertaken. More effort will be put into making new contacts.

More concentrated effort can be put into reaching additional county residents through newspaper and radio programs and home visits.

The homemakers' county council is gaining in experience and taking responsibility toward bigger tasks each year. The officers visited the various clubs in the county during the time there was no agent. This was a fine gesture as it gave the clubs moral support. This same council president is serving in that capacity another year.

This group did an admirable job of program planning this year. They considered their long term goals set up by them in the past, in their selections of topics for study in 1954.

Next year's program for homemakers will include lessons in Food and Nutrition, Clothing, Home Furnishing, and Home Management, and Health. These will be carried through leader training meetings and club demonstrations by the specialists, leaders, and the agent.

The homemakers are taking more and more responsibility in supporting 4-H club work. It is anticipated that this can be increased to greater advantage of the 4-H club program. More leadership might be secured from these groups.

If more agent time was available the entire home demonstration program could probably be greatly increased, but available leaders with free time are difficult to find also.